



HOLSTER PROFICIENCY COURSE PACKAGE

**PLEASE BRING YOUR ENTIRE COURSE PACKAGE WITH
YOU ON YOUR HOLSTER COURSE DAY**

[Contact Geoff Arnold on Mob: 0419 007 310](tel:0419007310)

Metropolitan Pistol Club

Holster Course Package

Safety First

1. Ring Geoff Arnold on Mobile: 0419 007 310 to find out when the next Holster Course will be held.
2. **You will need to bring with you:**
 - . *Your own Firearm, Magazines with 100 rounds of bullets*
 - . *The Correct Belt – Must be able to pass through at least 3 belt loops **or** an inner& outer Belt*
 - . *Your own Holster*
 - . *Magazines Pouches*
 - . *Competition Form to be signed off by the Discipline Rep/s*
3. All stages of the course will be demonstrated to you – **NO COACHING** will be given on the day.
4. Be aware the Holster Course will only be conducted if your equipment has passed inspection - **MUST** be Centre Fire Revolver or Semi-Automatic.

REMINDER – SAFETY IS PARAMOUNT

Equipment View:

Open Division



Standard Division



As courses of fire sometimes commence with the shooter seated, it is essential that the shooter considers the position of the holster and is aware of the muzzle direction when drawing the handgun to avoid 'sweeping' their body.



This can also occur inadvertently when the shooter is required to open a door with the weak hand when the handgun is already in the strong hand. When carrying out movements required in match stages with a handgun drawn and in the hand, the shooter must be aware at all times of the direction in which the muzzle is pointed, in relation to the range and to various parts of their own body.



REMINDER – SAFETY IS PARAMOUNT

Having had the safety steps explained and demonstrated by the instructor the student must now practice and demonstrate the seven steps of the draw with an unloaded handgun.

When the instructor is satisfied that the student has achieved a satisfactory level of competency in the basics of drawing the handgun and dry firing a single shot, the student may then demonstrate drawing the handgun from the following positions.

The student must display the appropriate gun handling skills whilst moving to and from a number of different shoot positions.

These shooting positions include:

- Standing upright to the kneeling position.
- Standing upright to the prone position.
- Standing upright behind a barricade to the right side of the barricade.
- Standing upright behind a barricade to the left side of the barricade.
- Standing upright behind a barricade to both sides of the barricade.
- Standing upright facing down range (180 degrees).
- Standing upright facing cross range (90 degrees).
- Standing upright, drawing and moving forward 5 paces to engage a target.

When the instructor is satisfied that the student has displayed a satisfactory level of competency in the above drills, the student may move onto the following live fire drills.

REMINDER – SAFETY IS PARAMOUNT

Live Fire Drills:

- Drill 1** Standing with hands loose by the sides the student will draw and fire 1 shot at a target 5 metres away.
(repeated five times for a total of six rounds)
- Drill 2** Standing with hands loose by the sides the student will draw, go to the kneeling position and fire 1 shot at a target 5 metres away.
(repeated five times for a total of six rounds)
- Drill 3** Standing with hands loose by the sides the student will draw, go to the prone position and fire 1 shot at a target 5 metres away. ***The Instructor is to ensure that the target has been set up close to ground level.***
(repeated five times for a total of six rounds)
- Drill 4** Standing with hands loose by the sides, behind a barricade the student will draw and fire 1 shot from the **right** side of the barricade at a target 5 metres away.
(repeated 1 for a total of two rounds)
- Drill 5** Standing with hands loose by the sides, behind a barricade the student will draw and fire 1 shot from the **left** side of the barricade at a target 5 metres away.
(repeated 1 for a total of two rounds)
- Drill 6** Standing with hands loose by the sides, behind a barricade the student will draw and engage a target at 5 metres with 1 shot from the right hand side of the barricade and 1 shot from the left hand side of the barricade.
(for a total of 2 rounds)
- Drill 7** Standing facing up range with hands loose by the sides the student will turn, draw and fire 1 shot at a target at 5 metres away.
(repeated five times for a total of 6 rounds)
- Drill 8** Standing facing 90 degrees to the firing line with hands loose by the sides the student will turn, draw and fire 1 shot at a target 5 metres away.
(repeated five times for a total of six rounds)
- Drill 9** Standing with hands loose by the sides the student will draw and move forward approximately 5 paces and fire 1 shot at a target 5 metres away.
(repeated five times for a total of six rounds)

REMINDER – SAFETY IS PARAMOUNT

10 IMPORTANT RULES FOR NEW SHOOTERS:

The greatest source from which a new shooter can gain information is to watch and learn from experienced shooters. Watch them, don't be afraid to ask questions and you will soon be on your way to enjoying the most exciting form of pistol shooting available.

Common traps	The following group of rules are those most often breached by competitors in their first IPSC events. These rules are all based on SAFETY. Breaking any one of them will invariably result in a match disqualification.
Learn the rules	Having a working understanding of these rules and the ability to apply this knowledge will improve a shooter's gun handling skills. The end result will be that they are a safer shooter and will not be placed in a position where they experience the heartache of being disqualified from a match.
Match Disqualifications	<p>Match disqualifications do occur and can be very disheartening to both new and experienced competitors. Match disqualifications generally occur as a result of a breach of safety and as such are treated very seriously. An analysis of a number of incidents which resulted in disqualifications over the past years have shown that generally, the main cause is directly related to the competitor pushing themselves beyond their capabilities.</p> <p>Whilst IPSC shooting lends itself towards an individual 'pushing the envelope' it is incumbent upon each individual to know their limits and to operate within their capabilities.</p> <p>Knowledge of the following rules will assist the new members avoiding this pitfall.</p>
Off target, off trigger	Malfunctions Match DQ, when clearing a malfunction that requires the lowering of the handgun from aiming at a target the trigger finger must be outside the trigger guard.
Rule 10.5.8	
Off trigger when moving	Movement Match DQ in the event of a competitor moving (more than 1 step or changing positions) without the trigger finger being removed from the trigger guard, safety catch should be applied.
Rule 8.5 / Rule 10.5.10	
Unsafe handling: dropping gun; breaking 90° rule	Unsafe Gun Handling Match DQ, covers such occurrences as breaking 90 degrees, dropping the handgun, being found with a loaded firearm not under the control of a Range Officer, unauthorised handling of a firearm, having a loaded firearm holstered and safety not activated.
Rule 10.3	
Accidental Discharge	Accidental Discharge Match DQ, where round strikes within 3 metres of shooter or in an unsafe direction, during loading, reloading unloading or during remedial action, whilst moving (except whilst engaging targets).
Rule 10.4	
Bad behaviour	Unsportsmanlike Behaviour Match DQ in the event of gross unsportsmanlike behaviour.
Rule 10.6	
Drug free	Safety regulations & procedures Match DQ in the event that a competitor attends to compete and is under the influence of alcohol or drugs.
Rule 10.7	
Be a Novice	When you attend the range as a novice shooter, do not be embarrassed about your lack of knowledge or expertise when in the presence of experienced shooters. Remember that everyone was a novice at some point in time. Make yourself known to these people and inform them that you are new to the sport and that you may require assistance, they will be only too glad to help.

Annexure 3**Assessment Criteria 'Practical Test'**

#	Description	Gun Handling Skills	All on target?	Comments	Pass Fail
1	Draw and fire a single round at a target 5 metres away Repeat 4 times. Total 5 rounds				
2	Draw go to a kneeling position and fire a single round at a target 5 metres away. Repeat 4 times Total 5 rounds				
3	Draw go to prone position and fire a single round at a target 5 metres away. Repeat 4 times Total 5 rounds				
4	From behind a barricade draw and fire a single round from the right side of the barricade at a target 5 metres away. Repeat once Total 2 rounds				
5	From behind a barricade draw and fire a single round from the left side of the barricade at a target 5 metres away. Repeat once Total 2 rounds				
6	From behind a barricade draw and engage a target 5 metres away with a single round from the right side of the barricade and a single round from the left side of the barricade. Total 2 rounds				
7	Facing up range, turn, draw and fire a single round at a target 5 metres away. Repeat 4 times Total 5 rounds				
8	Facing 90 degrees to the firing line turn draw and fire 1 round at a target 5 metres away. Repeat 4 times Total 5 rounds				
9	Draw, move forward five paces and fire a single round at a target 5 metres away. Repeat 4 times Total 5 rounds				

OVERALL ASSESSMENT:PASS FAIL

Instructor name _____

Signature _____

Student Name _____

Club _____

Annexure 4

Written Exam

1. When holstered, must the trigger of the handgun be covered?
 A. Yes
 B. No

2. Dropping a handgun, whether loaded or not, during a course of fire will result in?
 A. Disqualification from that stage
 B. A warning if the gun is loaded and disqualification from the match if it is loaded
 C. Forfeiture of all scores for the stage
 D. Disqualification from the match

3. A bullet striking the ground less than _____ metres down range from the competitor will be considered an accidental discharge and will result in _____.

4. The trigger finger must be outside the trigger guard at all times during movement and reloading?
 A. Yes
 B. No

5. Gross unsportsmanlike conduct may result in disqualification from the match?
 A. Yes
 B. No

6. Any discharge during loading, unloading or remedial action shall result in Disqualification?
 A. Yes
 B. No

7. While running through a stage, a competitor's handgun falls to the ground. What process should now be adopted with this shooter?
 A. Award a zero score for that stage
 B. Permit the competitor to reshoot the stage
 C. Have the competitor submit to a holster test, if the holster passes, they reshoot the stage, if it fails they get a zero score for that stage?
 D. Disqualification from the match

8. May a competitor going through a low tunnel (3 feet/1 metre high) draw a handgun while in the tunnel?
 A. Yes
 B. No

9. A Range Officer, for reasons of safety, may provide assistance to a competitor once the start signal has been given?
 A. True
 B. False

10. While clearing a malfunction, the finger must be outside the trigger guide?
 A. Yes, if clearly lowered down from aiming at the target
 B. No, as long as the handgun is safely pointed downrange

COMPETITION 1:

I, being a Discipline Representative of Metropolitan Pistol Club Inc., hereby confirm Member #..... has proved to me that he/she has held a current category H licence and has been in possession of the firearm in question for a minimum of three months.

Today, he/she has shot proficiently with a Calibre revolver/semi-automatic in the discipline of

This member has also demonstrated to me that he/she understands the functions and handling of that handgun for the purpose of undertaking the Metropolitan Pistol Club Holster Course.

This member is also aware that a separate Handgun Holster Course must be undertaken under the IPSC or PSQ regulations prior to any member shooting in an Open Competition.

DATE:/...../.....

COMPETITION 2:

I, being a Discipline Representative of Metropolitan Pistol Club Inc., hereby confirm Member #..... has proved to me that he/she has held a current category H licence and has been in possession of the firearm in question for a minimum of three months.

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DATE:/...../.....

COMPETITION 3:

I, being a Discipline Representative of Metropolitan Pistol Club Inc., hereby confirm Member #..... has proved to me that he/she has held a current category H licence and has been in possession of the firearm in question for a minimum of three months.

Today, he/she has shot proficiently with a Calibre revolver/semi-automatic in the discipline of

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DATE:/...../.....